



OHIO RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
MITCHEL STRAIN

SUCCESSFULLY SET THE
-83 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF
112.5 KG

COLUMBUS CLASSIC
06/29/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA