



NEW HAMPSHIRE RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JIM KATHIOS
SUCCESSFULLY SET THE
-105 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
152.5 KG

2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS
05/22/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA