



LOUISIANA EQUIPPED RECORD CERTIFICATE

THIS CERTIFIES THAT
LILA COOPER
SUCCESSFULLY SET THE
-57 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
92.5 KG

2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS
05/22/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA