



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
LILYAN JACKSON

SUCCESSFULLY SET THE
84+ KG MASTER 2 BENCH PRESS SINGLE LIFT
RECORD OF
130.5 KG

2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS
05/22/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA