



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

LILY NGUYEN

SUCCESSFULLY SET THE
-57 KG JUNIOR SQUAT
RECORD OF

142.5 KG

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS
05/17/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA