



TEXAS RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**LORAIN EFRON**

SUCCESSFULLY SET THE  
-63 KG MASTER 3 BENCH PRESS  
RECORD OF

**47.5 KG**

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS  
05/17/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA