



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CATHY AVERY

SUCCESSFULLY SET THE
-69 KG MASTER 2 BENCH PRESS SINGLE LIFT
RECORD OF

83 KG

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS
05/17/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA