



TEXAS RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**KATHERINE PUHALA**

SUCCESSFULLY SET THE  
-76 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF  
**80 KG**

HIGH SCHOOL NATIONALS  
04/19/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA