



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SHARI LANGRALL

SUCCESSFULLY SET THE
-84 KG MASTER 2 BENCH PRESS SINGLE LIFT
RECORD OF
75 KG

2ND ANNUAL BRICK CITY OPEN
03/09/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA