



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

NATALIE RICHARDS

**SUCCESSFULLY SET THE
-57 KG OPEN SQUAT
RECORD OF**

186.5 KG

**SHEFFIELD 2024
02/10/2024**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA