



SOUTH DAKOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

RICKEY NELSEN

**SUCCESSFULLY SET THE
-74 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF**

132.5 KG

**BENCH PRESS NATIONALS
01/27/2024**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA