



NEW YORK RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
MAILLARD HOWELL

SUCCESSFULLY SET THE
-74 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
137.5 KG

BENCH PRESS NATIONALS
01/27/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA