



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**SHANE HEYWOOD**

SUCCESSFULLY SET THE  
-93 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**157.5 KG**

BENCH PRESS NATIONALS  
01/27/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA