



MARYLAND RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**ADAM BREGMAN**  
SUCCESSFULLY SET THE  
-105 KG JUNIOR SQUAT  
RECORD OF  
**215 KG**

MARYLAND HOLIDAY CLASSIC  
12/09/2023

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

