



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
KATHERINE CARGILL
SUCCESSFULLY SET THE
-69 KG JUNIOR SQUAT
RECORD OF
190 KG

IPF WORLD EQUIPPED OPEN POWERLIFTING CHAMPIONSHIPS
11/13/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA