



PENNSYLVANIA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
UMA ABAKAROVA
SUCCESSFULLY SET THE
-63 KG JUNIOR SQUAT
RECORD OF
142.5 KG

STARS AND STRIPES CHAMPIONSHIPS
11/11/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA