



TENNESSEE RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**JO HOUSE**

SUCCESSFULLY SET THE  
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT  
RECORD OF  
**105 KG**

BIG IRON CHALLENGE  
11/04/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA